



## Attached is the qualifying information for the 2012 Arctic Winter Games

Information is subject to change.  
New information will be sent out via email and posted on the CCAK and Team Alaska websites.

### MAKING THE TEAM:

If you are planning on making the AWG team, AWG Team announcements will be made during the Besh Cup Awards in Fairbanks. The awards will start approximately 30 minutes after the last finisher in the Birch Hill Chalet, directly after Besh Cup 6.

Skiers planning on attending the AWG must confirm their acceptance and turn in their forms upon completion of the awards at the Fairbanks Besh Cups. Skiers making the 2012 AWG Team and who will not be in Fairbanks may contact Davya Flaharty [davyaflaharty@gmail.com](mailto:davyaflaharty@gmail.com) or 388-8133 by February 3, 2012 and let me know if you are coming so that your spot is not given to an alternate.

Forms and information are available on the web at [www.crosscountryalaska.org](http://www.crosscountryalaska.org) and [www.teamalaska.org](http://www.teamalaska.org)

Payments for athletes attending the AWG must be received in full by February 5, 2012. Please hand directly to Davya Flaharty...see forms for more info. Credit card payment is available for the CCAK portion only.

## 2012 Arctic Winter Games

Congratulations Skier!

Welcome to the 2012 Arctic Winter Games Cross-Country Ski Team. You will be joining Team Alaska to participate in the Arctic Winter Games March 2-March 10, 2012. This will be a fun trip!

Here is your excited coaching staff!

HEAD COACH:

Davya Flaharty – [davyaflaharty@gmail.com](mailto:davyaflaharty@gmail.com) - 907-388-8133

ASSISTANT COACHES:

Charlie Renfro – [charlesrenfro@hotmail.com](mailto:charlesrenfro@hotmail.com) - 907- 227-0364

Kati Rehm – [kathleen.rehm@gmail.com](mailto:kathleen.rehm@gmail.com) - 907-252-8871

Your dedication and great results have earned you a spot on Team Alaska. We are excited to make this a great event and achieve success at the 2012 AWG.

Making the AWG Team is just the first step; remember your goal is to ski well at the event in March. Most of you will have several big races in the next three weeks. Take extra care of yourself during this time.

If you have any questions regarding Team Alaska and the 2012 AWG, please feel free to contact Team Alaska at any time. We will be updating the Team Alaska page on the CCAK website for any changes prior to the departure of the event & contacting you by e-mail.

Team Alaska:

[www.teamalaska.org](http://www.teamalaska.org)

Email Ken Larimore: [awgteamalaska@pci.net](mailto:awgteamalaska@pci.net)

Email Kati Rehm: [kathleen.rehm@gmail.com](mailto:kathleen.rehm@gmail.com)

907-474-4278

PO Box 83325, Fairbanks, AK 99708-3325

If you have any questions please e-mail Davya Flaharty at [davyaflaharty@gmail.com](mailto:davyaflaharty@gmail.com)  
Congratulations on your fine skiing!!

Sincerely,

Davya Flaharty

AWG Head Coach

[davyaflaharty@gmail.com](mailto:davyaflaharty@gmail.com)

907-388-8133

**All forms are due February 5th**

**2012 Arctic Winter Games  
IMMEDIATE ACTION**

Congratulations on your successful season! You have been selected to represent Team Alaska's Cross-Country Ski Team at the 2012 Arctic Winter Games in Whitehorse, Canada!

There are several forms that need to be filled out and handed in by Besh Cup 6.

**URGENT: Passports required! You MUST have a passport to cross the Alaskan/Canadian border.  
All athletes and coaches must have a USSA license, except J3 athletes.**

**COST:**

Arctic Winter Games is partially subsidized by the State of Alaska. Therefore, there are two, separate checks you will need to write.

Transportation/Lodging/Meals: \$400 (Arranged by Team Alaska)

**Please make check for \$400.00 to Team Alaska.**

Uniform: \$165 (teamline material)

Jacket: \$145 (teamline material)

Uniform Shipping: \$10

Coaches fees: \$50

Wax: \$50 (Includes waxing and supplies)

Picture: \$ 15

TOTAL: \$435.00

**Please make check for \$435.00 to Cross Country Alaska (or CCAK).**

**I will be paying by credit card.**

*Thank you!*

Payment Due:

Payment is due in full by February 5, 2012. Please hand in payment and all signed/completed forms before leaving the Birch Hill facility February 5<sup>th</sup>. (Failure of payment may result the skiers spot on the team forfeited to an alternate). Payments may be made by check to CCAK or Credit Card (CCA K website, additional 4% fee to cover credit card commission applies to your total).

#### CHECK LIST:

- Uniform order form
- 2012 skier information form
- Photographic consent
- Summary of passport (please include your passport number!!)
- Medical/Consent form
- Host Society consent
- Trans-border travel authorization
- Authorization to travel home with parents form
- Motznik Screening/Background Check (for those that are or will become 18 years and older during AWG)
- Check made out to Team Alaska
- Check (or credit card payment) made out to Cross Country Alaska

*Please check your e-mail for last minute forms to be filled out and brought with you to the bus—This is usually sent from the event organizers.*

#### TRAVEL INFO:

We will travel to Whitehorse, Yukon, Canada—note, they are one hour ahead of Alaska!

We are driving in motorcoach-style busses along with all other sports. Team departure locations are from Anchorage and Fairbanks only. Out of town athletes must make travel arrangements to one of these cities to catch the bus. Please contact Ken Larimore and/or Kati Rehm for help with travel arrangements.

#### Anchorage Departure: Friday afternoon, March 2 at 3:30pm

Motorcoaches will be departing from the Sullivan Arena. Loading will begin at 3pm.

#### Fairbanks Departure: Friday night, March 2 at 5:30pm

Motorcoaches will be staging at the Carlson Center (1<sup>st</sup> choice) or Pioneer Park (2<sup>nd</sup> choice), we will inform you as the date gets closer. Loading will begin at 5pm. Motorcoach departs at 5:30pm.

#### Return trip: Saturday night, March 10 around 8:30pm

Our motorcoaches will depart as soon as the closing ceremonies are over. Daylight Savings Time ends during our drive, so there's no need to reset our watches once we cross the border! Depending on our time spent at US Customs, road conditions and weather the following are estimated times we plan to arrive.

#### Anchorage Return: Sunday 11:15am, expecting a 14 hour and 45 minute drive

#### Fairbanks Return: Sunday 9:15am, expecting a 12 hour and 45 minute drive

#### LODGING:

We will stay in a local school on bunks or air mattresses. Each athlete will be issued a new sleeping bag at opening ceremonies!

#### FOOD:

Breakfasts, lunches and dinners are provided in a cafeteria.

#### SHOPPING:

We will be in Canada! So, if you may consider getting your extra spending money (for gifts, souvenirs, snacks, etc.) exchanged at home before departing.

## February Training Schedule

### PRACTICE/MEETING SCHEDULE

Please check web for practice schedule.

#### Anchorage Skiers:

Train with Charlie Renfro and Kati Rehm

#### Fairbanks Skiers:

Train with Davya Flaharty

#### Out-of-Town Skiers:

Email any one of us if you'd like a suggested training plan.

NOTE: Skiers, remember this is an important week for recovery! Your fitness homework is done! You have done a lot of racing. Rest is the most important thing you can do for yourselves. Be smart.

# 2012 AWG Skier Information Sheet

## PLEASE PRINT NEATLY

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ age \_\_\_\_\_

Address: \_\_\_\_\_

e-mail address: (print neatly!) \_\_\_\_\_

Passport:      Yes              No (please get it asap )

Name of School \_\_\_\_\_ Club \_\_\_\_\_

Current Ski Coach \_\_\_\_\_

### Parent Info:

Phone number: \_\_\_\_\_

Parents' names: \_\_\_\_\_

Parents' wk #'s \_\_\_\_\_ cell phone # \_\_\_\_\_

Parents' e-mail address: \_\_\_\_\_

# 2012 AWG Uniform Order Form

**MUST FILL OUT BEFORE LEAVING FAIRBANKS**

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_

The uniform is new this year. It is designed by PodiumWear (Design on the web).

Suit Top:               XS   S    M    L    XL

Suit Bottoms:        XS   S    M    L    XL

Jacket:                XS   S    M    L    XL