



Jan 22, 2006
Besh Cup #4:

Hosted By: Eagle River NSC/Kachemak NSC
Beach Lake Trails at Chugiak High School, Anchorage, AK,
Classic Interval Start

Female 1KM Interval Start

Place	Name	Age	Affiliation	Bib	Time	BC Pts	Seed Pts
1	Sarrissa Lammers	J5		9	06:11.90	100	500.00
2	Emma Tarbath	J5		5	07:38.90	80	687.15
3	Amber Lenze	J6		6	08:09.20	100	752.33
	Jane Hoefler	J5		7	-		
	Theresa Thomas	J6		8	-		

Female 3KM Interval Start

Place	Name	Age	Affiliation	Bib	Time	BC Pts	Seed Pts
1	Karina Packer	J3		62	15:40.50	100	300.00
2	Emily Rogers	J3		59	16:04.90	80	320.75
3	Kinsey Loan	J3		65	16:10.10	60	325.18
4	Becky Butler	J3		60	16:18.00	50	331.90
5	Mackenzie Kanady	J3		61	16:48.50	45	357.84
6	Maggie Lokken	J3		50	16:55.80	40	364.05
7	Anna Price	J3		67	17:02.60	36	369.84
8	Sarah Cresap	J3		47	17:10.40	32	376.47
9	Elizabeth Whisenhant	J3		57	17:13.20	29	378.85
10	Allison Ross	J3		68	18:00.00	26	418.66
11	Kryston Mcphetres	J3		46	18:01.80	24	420.19
12	Kimberly Del Frate	J3		56	18:16.80	22	432.95
13	Megan Baker	J3		55	18:31.40	20	445.37
14	Megan Letts	J3		40	18:45.80	18	457.62
15	Jasmine Neeno	J3		58	18:51.80	16	462.72
16	Eliza Rorabaugh	J3		54	19:18.70	15	485.60
17	Erica Conway	J4		48	19:25.30	100	491.22
18	Kari Pedersen	J4		66	19:37.70	80	501.77
19	Kelly French	J3		64	19:51.70	14	513.67
20	Bree Mucha	J3		70	20:18.40	13	536.38
21	Amanda Del Frate	J3		52	20:36.20	12	551.53
22	Tristan Ramey	J3		69	20:42.60	11	556.97
23	Alicia Lenze	J4		44	20:48.90	60	562.33
24	Kiana Johnson	J3		45	21:53.30	10	617.11
25	Carly Besh	J4		41	21:53.80	50	617.53
26	Sarah Fry	J4		43	22:20.60	45	640.33
27	Amelia Hennessy	J4		53	22:44.70	40	660.83
28	Katy Culver	J3		49	24:15.30	9	737.89
29	Zoey Grenier	J4		51	29:18.20	36	995.54

Anne Hoefler	J3	42	-
Faith Thomas	J4	63	-

Female 7.5KM Interval Start

Place	Name	Age	Affiliation	Bib	Time	BC Pts	Seed Pts
1	Kikkan Randall	Senior		213	25:14.10	100	0.00
2	Camilla Brinchmann	Senior		129	26:45.20	80	48.13
3	Amy Glen	J2		191	27:39.60	100	76.88
4	Becca Rorabaugh	J1		214	28:07.20	100	91.46
5	Ky Eiben	J1		209	28:09.80	80	92.83
6	Aleta Phelps	OJ		204	28:29.40	100	103.19
7	Hanna Johnson	J1		207	28:38.70	60	108.10
8	Lauren Fritz	J1		206	28:49.70	50	113.92
9	Jaime Bronga	J2		218	28:57.70	80	118.14
10	Christina Gillis	J1		216	29:04.80	45	121.89
11	Caitlin Patterson	J2		162	29:16.00	60	127.81
12	Rachelle Kanady	J1		200	29:23.10	40	131.56
13	Crystal Pitney	J2		185	29:24.20	50	132.14
14	Erin Johnson	J1		192	29:42.20	36	141.66
15	Kate Fitzgerald	OJ		215	29:47.80	80	144.61
16	Jessica Kazmierczak	J1		198	29:51.00	32	146.30
17	Alice Bradley	J1		202	30:01.80	29	152.01
18	Alison Butler	J2		189	30:12.30	45	157.56
19	Sarah Tegeler	J1		183	30:14.90	26	158.93
20	Sarah Radonich	J1		177	30:27.00	24	165.33
21	Rosalyn Singleton	M4		182	30:27.10	100	165.38
22	Kalysta Schmidt	J1		217	30:41.90	22	173.20
23	Kalen Ramey	J1		205	30:45.90	20	175.31
24	Rebecca Letts	J1		159	30:47.10	18	175.95
25	Sarah Glaser	J1		161	31:04.70	16	185.25
26	Camrin Dengel	J1		179	31:09.10	15	187.57
27	Esther Kennedy	J2		163	31:13.10	40	189.68
28	Carolyn Wilson	J1		201	31:18.80	14	192.70
29	Guerin Platte	J2		181	31:24.30	36	195.60
30	Ingrid Schmidt	J1		194	31:24.40	13	195.65
31	Elizabeth Tsigonis	J1		211	31:32.60	12	199.99
32	Lauren Hess	J2		170	31:43.90	32	205.96
33	Laura Tuttle	J1		178	31:46.20	11	207.17
34	Adele Mery	OJ		212	31:50.90	60	209.66
35	Megan Ryan	J2		176	31:58.40	29	213.62
36	Brenna Egeland	J1		174	31:59.80	10	214.36
37	Shannon Uffenbeck	Senior		138	32:06.50	60	217.90
38	Marisa Rorabaugh	J2		172	32:10.70	26	220.12
39	Katie Clark	J2		175	32:10.80	24	220.17

40	Marcella Dent	OJ	184	32:20.40	50	225.24
41	Madigan Stanley	J2	142	32:22.30	22	226.25
42	Erika Klaar	J1	195	32:23.60	9	226.93
43	Rachel Carey	J2	165	32:43.30	20	237.34
44	Heidi Rogers	J2	196	32:56.50	18	244.32
45	Erica Blake	J1	132	33:07.60	8	250.18
46	Christina Knapp	J2	147	33:12.60	16	252.82
47	Olivia Karns	J1	164	33:13.10	7	253.09
48	Sara Tittle	J2	140	33:13.30	15	253.19
49	Julia McMahon	J1	141	33:15.50	6	254.36
50	Jackie Holt	J1	199	33:18.10	5	255.73
51	Aurora Bowers	J2	135	33:18.20	14	255.78
52	Stephanie Keddington	J1	190	33:18.80	4	256.10
53	Lily Walton	J1	193	33:24.30	3	259.01
54	Erika Downs	M1	145	33:35.70	100	265.03
55	Alyson Mcphetres	J2	143	33:40.40	13	267.51
56	Margo Archey	J1	203	33:46.20	2	270.58
57	Kerstin Cullen	J1	158	33:57.00	1	276.28
58	Caitlin Hague	OJ	156	34:10.50	45	283.42
59	Claire Laukitis	J2	168	34:22.00	12	289.49
60	Allison Jost	J1	130	34:32.30		294.93
61	Morgan Bender	J2	154	34:41.00	11	299.53
62	Kailey Mucha	J2	166	34:42.30	10	300.22
63	Emma Teal Laukitis	J2	153	35:01.00	9	310.10
64	Rachelle Wood	OJ	169	35:04.20	40	311.79
65	Molly Mylius	J1	188	35:20.10		320.19
66	Elizabeth Knapp	J1	186	35:21.60		320.98
67	Liz Conway	J2	173	35:26.60	8	323.62
68	Sarah Carpenter	J1	157	36:23.30		353.58
69	Maya Johnson	J2	144	36:31.70	7	358.02
70	Katrina Hansen	J2	171	36:47.90	6	366.58
71	Cari Jamieson	J1	155	36:52.40		368.96
72	Jessica Odegard	J2	167	36:52.90	5	369.22
73	Anna Rix	J1	160	36:57.10		371.44
74	Sarah Lucey	J1	139	37:11.10		378.84
75	Kristina Jonsson	OJ	152	37:22.50	36	384.86
76	Jessica Beck	J1	136	37:52.20		400.55
77	Casey Martinez	J2	127	37:58.20	4	403.72
78	Rebecca Mamrol	J2	146	38:06.40	3	408.06
79	Ellie Lokken	J1	149	38:48.40		430.25
80	Sarah Martinez	J1	126	38:54.00		433.21
81	Rosika Nees	J2	151	39:26.30	2	450.27
82	Tamara Teller	J2	134	39:29.40	1	451.91
83	Jennifer Miller	J2	150	39:33.30		453.97
84	Danielle Rehm	J2	133	42:13.90		538.83

85	Chelsea Kent	J1	137	48:25.50	735.17
	Barbara Mossakowski	OJ	131	-	
	Margaret Embick	J2	148	-	
	Carrie Sorensen	J1	180	-	
	Annie Brownlee	J1	187	-	
	Kelsey Coolidge	OJ	208	-	

Male 1KM Interval Start

Place	Name	Age	Affiliation	Bib	Time	BC Pts	Seed Pts
1	Magnus Pedersen	J5		25	05:50.20	100	500.00
2	Tracen Knopp	J6		23	06:03.70	100	530.84
3	Tanner Ramey	J5		26	06:03.70	80	530.84
4	Jacob Bassett	J5		18	06:12.90	60	551.86
5	Dawson Knopp	J6		22	06:38.30	80	609.88
6	Brett Egeland	J5		24	07:06.90	50	675.21
7	Edwin Strupulis	J5		21	07:07.20	45	675.90
8	Louie Bassett	J6		16	07:30.50	60	729.13
9	Andrew Glen	J5		27	08:05.80	40	809.77
10	Liam Miller	J5		15	08:13.50	36	827.36
11	Brock Fitzgerald	J5		20	08:24.20	32	851.80
	Matthew Hoeffler	J6		14	-		
	Job Thomas	J6		17	-		
	Kaden Cullen	J5		19	-		

Male 3KM Interval Start

Place	Name	Age	Affiliation	Bib	Time	BC Pts	Seed Pts
1	Eric Ryan	J3		102	12:53.90	100	300.00
2	Scott Patterson	J3		109	12:57.80	80	304.03
3	Gabriel Thomas	J3		103	13:16.40	60	323.26
4	Logan Hanneman	J3		107	14:55.80	50	426.01
5	Anders Nyquist	J3		82	15:18.80	45	449.79
6	Silas Talbot	J3		95	15:22.60	40	453.71
7	Noah Hagen	J3		110	15:23.50	36	454.65
8	Kipp Wilkinson	J3		101	15:39.00	32	470.67
9	Isaac Lammers	J3		106	15:51.80	29	483.90
10	Riley Bronga	J3		98	16:01.60	26	494.03
11	Brent Carey	J3		92	16:05.30	24	497.86
12	Benjamin Fitzgerald	J3		84	16:55.00	22	549.23
13	Patrick Nugent	J3		96	17:02.10	20	556.57
14	Sam Dougherty	J3		97	17:02.80	18	557.29
15	Schyler Knopp	J4		105	17:12.20	100	567.01
16	Max Shayer	J3		86	17:32.40	16	587.89
17	Nathaniel Knapp	J3		83	18:09.60	15	626.35
18	Tyler Baird	J3		104	18:11.40	14	628.21

19	Blaine Bronga	J4	100	18:28.00	80	645.37
20	Hugh Cosgrave	J4	90	18:44.90	60	662.84
21	Peter Mamrol	J3	108	19:16.70	13	695.71
22	Forest Tarbath	J4	85	20:20.00	50	761.14
23	Tadhg Nakada	J4	91	20:26.90	45	768.28
24	Austin Hess	J4	89	21:06.60	40	809.32
25	John Glen	J4	94	22:20.60	36	885.81
26	Eiden Pospisil	J4	99	22:34.80	32	900.49
27	Erich Hoefler	J4	93	22:48.40	29	914.55
28	Alex Loan	J4	88	24:04.90	26	993.63
29	Eli Shayer	J4	87	24:55.60	24	1046.04

Male 7.5KM Interval Start

Place	Name	Age	Affiliation	Bib	Time	BC Pts	Seed Pts
1	Andy Liebner	Senior		345	23:27.70	100	0.00
2	David Norris	J2		337	23:39.70	100	6.82
3	Cory Smith	M1		349	23:40.40	100	7.22
4	Adam Verrier	M2		352	23:55.40	80	15.74
5	Chris Seaman	Senior		344	24:03.50	80	20.35
6	Benji Uffenbeck	Senior		343	24:19.60	60	29.49
7	Trond Jensen	M4		353	24:30.60	100	35.75
8	Eric Packer	J2		339	24:41.70	80	42.05
9	Reese Hanneman	J1		323	24:45.00	100	43.93
10	Colin Singleton	J1		341	24:46.40	80	44.73
11	Andrew Dougherty	J2		326	25:04.10	60	54.78
12	Daniel Astrand	OJ		268	25:06.10	100	55.92
13	Mason Hulen	J1		356	25:08.50	60	57.28
14	Tyler Kornfield	J2		318	25:13.50	50	60.13
15	Nico Ambrose	J1		315	25:14.60	50	60.75
16	Ryan Van Gorder	J1		259	25:23.80	45	65.98
17	Seth Downs	M2		348	25:29.30	60	69.11
18	Chester Fehrmann	Senior		277	25:32.30	50	70.81
19	Lex Treinen	J2		336	25:32.70	45	71.04
20	Jason Lamoreaux	Senior		357	25:33.10	45	71.27
21	Eric Hoffman	J2		319	25:38.40	40	74.28
22	Cole Talbot	J2		314	25:39.90	36	75.13
23	Casey Fagerquist	Senior		351	25:49.40	40	80.53
24	Trent Semmens	J2		311	25:51.40	32	81.67
25	Brian Kirchner	J1		328	25:53.30	40	82.74
26	Sam Viavant	OJ		334	25:54.10	80	83.20
27	Steven Buklis	J1		355	26:01.60	36	87.46
28	Harry Crawford	Senior		329	26:02.70	36	88.09
29	Chris Thomas	OJ		350	26:06.90	60	90.47
30	Nicholas Ferree	OJ		332	26:09.20	50	91.78

31	Anson Moxness	J1	346	26:17.10	32	96.27
32	Morgan Jones	OJ	331	26:23.10	45	99.68
33	Karl Schauer	J1	354	26:28.30	29	102.64
34	Christopher Hall	J1	358	26:29.80	26	103.49
35	Galen Johnston	J2	324	26:32.70	29	105.14
36	Gerry Hovda	J2	309	26:33.00	26	105.31
37	Rick Nelson	J2	304	26:36.00	24	107.01
38	Ian Wilkinson	J2	301	26:38.40	22	108.38
39	David Besh	J2	313	26:42.50	20	110.71
40	Allan Spangler	OJ	271	26:45.90	40	112.64
41	Erick Romig	J1	287	26:48.60	24	114.17
42	Alex Morris	J1	325	26:57.40	22	119.17
43	Lukas Stutzer	J1	340	27:02.80	20	122.24
44	David Hansen	J1	333	27:09.20	18	125.88
45	steven norris	OJ	245	27:16.40	36	129.97
46	Josh Yeaton	J1	275	27:22.40	16	133.38
47	Max Milliron	J1	308	27:27.90	15	136.51
48	Wayne McClure	J1	317	27:29.30	14	137.30
49	Iain Morris	Senior	279	27:33.20	32	139.52
50	William Ross	J1	320	27:41.80	13	144.41
51	Peter Hamre	J1	310	27:48.80	12	148.38
52	Dustin Reid	J1	300	27:49.60	11	148.84
53	Aric Hudson	J1	243	27:53.90	10	151.28
54	Nathan Quinley	J2	302	27:54.60	18	151.68
55	David Funatake	J1	255	27:55.90	9	152.42
56	Forrest Meyen	J1	292	27:56.90	8	152.99
57	William Coleman	OJ	316	27:57.80	32	153.50
58	Nick Treinen	J2	312	27:58.70	16	154.01
59	Drew Cason	OJ	335	28:03.40	29	156.68
60	Karl Hanneman	M4	306	28:21.60	80	167.02
61	Taylor Karnikis	J1	263	28:25.30	7	169.13
62	Mathias Nees	J1	299	28:28.10	6	170.72
63	Ethan Kazmierczak	J2	321	28:31.30	15	172.54
64	Caleb Chase	OJ	261	28:32.50	26	173.22
65	Tyler Henegan	J1	256	28:33.70	5	173.90
66	Nick Whitmore	J1	248	28:34.10	4	174.13
67	Jason Murphy	J1	265	28:44.20	3	179.87
68	Tommy Honer	J2	269	28:44.50	14	180.04
69	Michael Mumm	Senior	260	28:49.60	29	182.94
70	David Apperson	J1	257	28:55.80	2	186.46
71	Orin Ryan	J1	267	29:00.60	1	189.19
72	Jens Klaar	M4	303	29:03.50	60	190.84
73	Kyle Loan	J1	327	29:07.20		192.94
74	Alex Munger	J1	293	29:09.50		194.25
75	Tim Miller	J1	286	29:09.60		194.30

76	Colton Nelson	J1	250	29:13.40		196.46
77	Eddie French	J1	280	29:14.00		196.80
78	Mark Paprocki	M5	330	29:27.20	100	204.30
79	Gus Beck	J1	289	29:28.70		205.16
80	Evan Walker	J1	294	29:33.20		207.71
81	Kelly Skipwith	J1	264	29:49.60		217.03
82	Steven Bender	J1	252	29:58.10		221.87
83	Wesley Burgess	J1	274	29:59.70		222.77
84	Steve Milliron	M3	307	30:00.30	50	223.12
85	Erin Phillips	J2	246	30:03.30	13	224.82
86	Jacob Remington	J2	273	30:10.00	12	228.63
87	Willie Via	J2	272	30:17.40	11	232.83
88	Ethan Van Bavel	J1	258	30:21.60		235.22
89	Werner Hoefler	J2	283	30:26.80	10	238.18
90	James Crimp	J2	288	30:29.00	9	239.43
91	Kirk Louthan	J1	270	30:34.90		242.78
92	Michael Gose	OJ	262	30:57.40	24	255.57
93	Jerad McClure	J1	338	30:58.20		256.02
94	Fred Stutzer	M3	247	31:03.10	45	258.81
95	Neil Liotta	J2	251	31:33.40	8	276.02
96	Wiley Dunlap-shohl	J2	244	31:36.50	7	277.79
97	Alex Kubitz	J2	278	32:01.60	6	292.05
98	Jeremiah Alich	J2	281	32:12.60	5	298.30
99	Kenneth Jones	M7	284	32:20.40	100	302.73
100	Jon Berryman	M6	322	32:52.80	80	321.15
101	Samuel Brewer	J2	240	33:07.10	4	329.27
102	Robinson Culver	J2	295	33:14.50	3	333.48
103	Marko Radonich	M6	290	33:16.60	60	334.67
104	Abraham Schmidt	J2	266	33:38.50	2	347.12
105	Sam Flora	M7	298	33:46.00	80	351.38
106	Galen Pospisil	J2	297	33:56.00	1	357.06
107	Adam Miller	J2	242	34:03.80		361.50
108	Gordon Pospisil	M4	305	34:14.30	40	367.46
109	Gunnar Knapp	M5	291	34:32.40	50	377.75
110	Ryan Cox	J2	239	34:53.40		389.69
111	Jacob Arthen	J2	276	34:58.60		392.64
112	Bruce Ross	M4	282	35:19.70	36	404.63
113	Bob Platte	M4	285	36:37.30	32	448.73
114	Paul Horstkoetter	OJ	237	37:39.90	22	484.31
115	Alex Verseput	J1	238	39:17.70		539.89
116	Luke Marselus	J1	236	40:51.60		593.25
117	Aaron Barnes	J2	235	48:40.90		859.96
	William Cason	J2	254	-		
	James Singleton	M4	296	-		

Jim Lokken	M4	342	-
Frode Lillefjell	M2	347	-