



2005

2005 Current Seed Points

[Female Seed Points List](#) [Male Seed Points List](#)

Seed Points for each race:

The formula used to calculate seed points for each race is the same formula used to calculate FIS points and USSA National Ranking List points, except that no penalty is applied.

$$\text{Seed Points} = 600 \times [(\text{skier's time} / \text{winner's time}) - 1]$$

The lower the number, the better the result.

Total Seed Points:

CCAK Seed Point scores are based upon the average from each skier's best 4 seed point results in the previous 12 months.

$$\text{Total Seed Points} = [\text{Race}_1\text{ Points} + \text{Race}_2\text{ Points} + \text{Race}_3\text{ Points} + \text{Race}_4\text{ Points}] / 4$$

Ranking/seeding points are recalculated after each pair of Besh Cup races, and at the end of the season.
 A 20% penalty is applied for skiers who have fewer than 4 CCAK results in a 12-month period. The penalty is limited by a minimum of 4 points or maximum of 26 points.
 Skiers with no CCAK results in a 12-month period but with points in a prior year can use the prior years points, but with a 20% penalty per year.

Female

Rank	Name	Age	Points
1	Johanna Turunen	Senior	4.00
2	Kate Arduser	Senior	8.47
3	Mandy Kaempf	Senior	17.00
4	Erin Hood	Senior	20.59
5	Elizabeth Quinley	J1	23.55
6	Aelin Peterson	M1	24.51
7	Tazlina Mannix	OJ	36.58
8	Audrey Smith	Senior	45.46
9	Nicole DeYong	Senior	52.81
10	Sarah Hansen	Senior	59.07
11	Adele Mery	J1	59.80
12	Krista Rader	OJ	64.85
13	Brittany Greer	OJ	79.38
14	Janna Widness	J1	81.32
15	Elisabeth Habermann	J1	81.39
16	Aleta Phelps	OJ	81.42
17	Kasandra Rice	Senior	82.03
18	Ky Eiben	J1	85.11
19	Kelsey Coolidge	J1	85.66
20	Davya Flaharty	OJ	88.58

21	Christina May	Senior	89.37
22	Chelsea Holmes	J1	90.67
23	Caroline Livett	OJ	93.28
24	Lauren Fritz	J1	96.04
25	Gina Baker	Senior	97.03
26	Kelsi Evans	OJ	100.57
27	Kristina Smith	OJ	101.70
28	Erin Hamilton	Senior	108.06
29	Elizabeth Tsigonis	J1	117.53
30	Fiona Worcester	J1	118.92
31	Katy Pankoski	J1	121.35
32	Heidi Rader	Senior	124.57
33	Becca Rorabaugh	J2	126.96
34	Kalen Ramey	J1	130.79
35	Becky Hauser	M1	134.57
36	Christina Gillis	J1	134.68
37	Katelyn Barnett	J1	136.13
38	Rachel Goldstein	OJ	136.73
39	Heather Enders	J1	143.82
40	Rachel Saul	J1	146.33
41	Hanna Johnson	J2	149.58
42	Brita Mjos	OJ	151.29
43	Kate Fitzgerald	J1	155.92
44	Katie Franzmann	J1	166.94
45	Jaime Bronga	J2	169.27
46	Megan Martone	J1	171.86
47	Kalysta Schmidt	J1	173.75
48	Katie Turner	OJ	175.74
49	Ingrid Olson	Senior	176.38
50	Carolyn Wilson	J1	179.27
51	Jackie Holt	J2	181.32
52	Rachelle Kanady	J2	181.42
53	Jessica Kazmierczak	J2	182.45
54	Erin Johnson	J2	185.57
55	Emily Nishikawa	J2	191.91
56	Shannon Uffenbeck	Senior	193.54
57	Ingrid Schmidt	J2	196.31
58	Carrie Laxson	J1	196.86
59	Lily Walton	J1	196.99
60	Sheryl Loan	M4	198.62
61	Liz Turner	OJ	200.28
62	Amy Glen	J2	201.17
63	Margo Archey	J1	204.03

64	Rochelle Egan	J1	206.00
65	Alison Butler	J2	207.94
66	Sarah Murray	J1	209.73
67	Alice Bradley	J2	209.98
68	Catherine Sterling	Senior	210.71
69	Erika Klaar	J2	212.51
70	Heidi Rogers	J2	214.63
71	Jay Laxson	M6	216.12
72	Kimberly Green	J1	216.29
73	Tamra Kornfield	OJ	222.54
74	Sarah Schoen	Senior	225.16
75	Camrin Dengel	J2	226.55
76	Whitney Skinner	OJ	230.77
77	Bryn Knight	J2	232.06
78	Laura Tuttle	J1	233.03
79	Guerin Platte	J2	233.12
80	Andrea Orley	J1	235.63
81	Sarah Tegeler	J2	237.22
82	Brenna Egeland	J2	238.93
83	Emily Dougherty	J2	243.06
84	Kirsten Valentine	J1	244.84
85	Rosalyn Singleton	M4	246.89
86	Ziggy Reimer	J2	247.04
87	Marcella Dent	J1	248.25
88	Megan Ryan	J2	248.31
89	Katie Ronsse	OJ	248.68
90	Morgan Moeglein	J1	249.86
91	Anna Clock	J1	255.82
92	Katie Clark	J2	257.43
93	Jaime Miller	J1	258.49
94	Michelle Humphrey	J1	259.20
95	Annie Brownlee	J2	259.52
96	Carrie Sorensen	J2	260.69
97	Amy Dethlefs	J1	261.28
98	Janelle Greer	J3	262.49
99	Brittany Osland	J1	265.98
100	Crystal Pitney	J2	266.12
101	Kim Morris	J1	266.96
102	Elizabeth Knapp	J1	273.71
103	Megan Wolfe	Senior	273.83
104	Krynn Finstad	OJ	275.59
105	Kendra Merkes	J2	277.65
106	Molly Mylius	J1	279.91

107	Lindsay Cameron	J2	279.92
108	Kristin Halla	Senior	280.00
109	Rose Brooks	J1	284.16
110	Ingrid Eng	J1	286.72
111	Allison Jost	J2	288.69
112	Paula Westhusing	M4	289.16
113	Kati Clark	OJ	290.19
114	Anne Ferry	J1	292.71
115	Diana Evans	M4	295.83
116	Sarah Radonich	J2	299.27
117	Kyla Stark	J2	305.18
118	Jillian Richie	J2	306.79
119	Grace Ferry	J1	312.20
120	Olivia Karns	J2	315.01
121	Jessica Pace	J1	317.60
122	Lauren Olendorff	J2	320.05
123	Brittany Karns	J1	320.89
124	Sarah Glaser	J2	325.83
125	Erin Diel	J2	330.48
126	Tanja Britton	M2	338.71
127	Sara Juback	J1	341.19
128	Jennifer Aleshire	J2	351.89
129	Cecelia Reagle	J2	352.76
130	Esther Kennedy	J3	352.95
131	Claire Laukitis	J2	358.68
132	Rosalie Leiner	J1	360.11
133	Heidi Brook	J3	366.94
134	Marilyn Sandford	M2	368.00
135	Caitlin Patterson	J2	371.63
136	Helen Desinger	M5	378.57
137	Rebecca Letts	J2	380.27
138	Lindy Smoke	J1	382.20
139	Emily Rogers	J3	383.13
140	Katrina Hansen	J2	384.76
141	Caitlin Hague	OJ	390.39
142	Rachel Carey	J3	393.30
143	Anna Rix	J2	393.99
144	Hannah Allely	J1	397.20
145	Dahria Beatty	J4	399.32
146	Sheridan Sherlock	J1	400.01
147	Mary Haas	J1	402.15
148	Brittany Smith	J3	404.46
149	Linda Smith	M1	412.78

150	Marisa Rorabaugh	J3	413.01
151	Courtney Jochens	J2	414.76
152	Mackenzie Kanady	J4	417.67
153	Catherine Bursch	M3	418.19
154	Chelsea Kent	J1	423.83
155	Kinsey Loan	J3	434.64
156	Lauren Hess	J3	436.72
157	Liz Conway	J3	445.72
158	Rachelle Wood	J1	449.13
159	Jasmine Neeno	J3	450.53
160	Jessica Odegard	J2	458.78
161	Becky Butler	J4	460.09
162	Jennifer Miller	J2	462.03
163	Heather Benz	J1	464.18
164	Emma Teal Laukitis	J3	481.94
165	Jasmine McQuown	J2	483.11
166	Becca Hennessy	J2	483.49
167	Sarah Lucey	J2	483.50
168	Jennifer Schrage	M1	488.03
169	Thorey Munro	J2	496.49
170	Kari Pedersen	J4	503.78
171	Anna Price	J4	507.11
172	Jennie Schrage	M7	517.52
173	Kendra Murray	J4	521.12
174	Elizabeth Whisenhant	J4	529.69
175	Frances Bursch	J3	531.83
176	Katelyn Lessard	J1	534.67
177	Kimberly Baird	J5	544.66
178	Kelly French	J4	546.45
179	Allison Ross	J4	561.58
180	Christina Knapp	J3	566.40
181	Hillary Orley	J2	567.14
182	Mariah Vicary	J1	574.51
183	Karina Packer	J3	586.44
184	Erin Britton	J2	589.29
185	Hanna Gillis	J5	589.35
186	Amanda Longbrake	OJ	593.26
187	Sarrissa Lammers	J5	594.39
188	Beth Fitzgerald	J2	606.01
189	Maggie Bursch	J4	608.76
190	Tristan Ramey	J4	611.92
191	Kiana Yutzenka	J3	613.02
192	Cori West	J3	614.65

193	Kimberly Del Frate	J3	630.57
194	Faith Thomas	J4	632.57
195	Eliza Rorabaugh	J4	636.83
196	Stephanie Whisenant	J3	648.16
197	Sarah Fry	J4	654.98
198	Rebecca Mamrol	J3	658.94
199	Emmie Jennings	J6	659.27
200	Mackenzie Wonders	J4	681.11
201	Mary Diel	M4	695.35
202	Mary Lammers	M3	698.28
203	Alicia Lenze	J5	702.22
204	Kaija Klauder	J1	712.98
205	Sadie Fox	J6	729.77
206	Jane Hoefler	J5	736.26
207	Polyanna Grijalva	J1	751.42
208	Robin Sheasley	J2	751.63
209	Anne Hoefler	J4	770.91
210	Quinn Langdon	J1	771.65
211	Katelyn Egeland	J4	784.75
212	Jade Oleck	J1	785.10
213	Colleen Fisk	J1	790.37
214	Nina Ruckhaus	J4	810.66
215	Erin Kelly	J1	815.47
216	Teagan Yutzenka	J4	825.11
217	Alexia Calkins	J5	843.46
218	Carly Besh	J4	845.41
219	Mickey Murtiff	J4	851.49
220	Amanda Del Frate	J3	852.58
221	Rebecca Dailey	J3	857.31
222	Hannah Boyer	J4	859.96
223	Emma Tarbath	J6	860.66
224	Sophie Frost	J4	899.88
225	Thea Ruckhaus	J3	905.40
226	Katie Miller	J4	912.52
227	Melissa Sanders	J1	913.35
228	Amelia Hennessy	J5	914.57
229	Kallie Brown	J2	921.55
230	Elisabeth Santerre	J1	926.15
231	Rebecca Gamache	J2	933.25
232	India Bloom	J4	947.71
233	Elle Arnold	J5	953.16
234	Zoey Grenier	J5	953.75

Male

Rank	Name	Age	Points
1	Thomas Oyberg	Senior	4.00
2	Frode Lillefjell	M2	11.07
3	Kjetil Hagtvedt Dammen	Senior	21.41
4	Trond Flagstad	M1	22.78
5	Andrew Hunter	Senior	23.14
6	Justin Singleton	OJ	23.46
7	Zachary Violet	Senior	34.34
8	Adam Verrier	M2	34.99
9	Colin Quinn-Hurst	Senior	46.68
10	Cory Smith	M1	47.21
11	Mike Hinckley	OJ	47.84
12	Brent Knight	Senior	48.41
13	Erik Wickstrom	Senior	50.84
14	Benjamin Sonntag	Senior	57.86
15	Brian Gregg	Senior	64.28
16	Bart Dengel	Senior	64.97
17	Nate Berry	J1	66.83
18	Jonas Tetlie	Senior	70.25
19	Max Treinen	J1	70.99
20	Ryan Holtan	OJ	80.92
21	Jed Kallen-Brown	Senior	86.47
22	Anders Gillis	OJ	88.15
23	Christian Coe	Senior	92.95
24	Trond Jensen	M3	94.28
25	Daichi Ito	J1	98.21
26	Chris Thomas	J1	98.44
27	Casey Fagerquist	Senior	99.46
28	Zachary Hall	Senior	100.39
29	Mark Strabel	Senior	101.87
30	Paul Schauer	OJ	101.92
31	Seth Downs	M2	106.92
32	Ryan McClure	OJ	107.09
33	Chris Kosednar	J1	109.85
34	Daniel Sessford	OJ	114.28
35	Ian McKay	J1	114.51
36	Nathan Wolfe	J1	116.33
37	Tyson Flaharty	OJ	117.50
38	Marius Korthauer	Senior	122.85
39	Noah King	J1	123.15
40	John Angst	Senior	124.04

41	Paul Stone	Senior	125.20
42	Dylan Prosser	Senior	127.94
43	Zak Melms	OJ	129.60
44	Kerry Klauder	OJ	130.36
45	Bryan Lowen	J1	131.11
46	Christopher Hall	J1	133.24
47	Jason Lamoreaux	Senior	134.13
48	Gary Snyder	M1	135.16
49	John Murphy	OJ	135.47
50	Steven Buklis	J1	139.73
51	Brian Erickson	Senior	141.18
52	Joe Dougherty	J1	141.29
53	Ian Davis	J1	142.33
54	Espen Haugen	OJ	152.18
55	Karl Schauer	J1	152.95
56	Rich Suddock	M3	153.43
57	Brian Glaspell	M1	157.39
58	Brett Broda	J1	159.98
59	Daniel Clark	OJ	162.93
60	Mason Hulen	J1	166.53
61	Erik Olsson	J1	167.99
62	Anson Moxness	J1	170.23
63	Todd Boonstra	M3	170.64
64	Scott Hauser	M1	171.03
65	William Brooks	OJ	171.40
66	Benji Uffenbeck	Senior	173.93
67	Tim Rice	J1	174.12
68	Kevin Donley	M2	174.65
69	Kent Peterson	M1	178.28
70	Ryan Vangorder	J1	181.82
71	Sam Viavant	J1	182.80
72	David Hansen	J1	184.95
73	Harry Crawford	Senior	187.82
74	William Stoddard	J1	190.85
75	John Parry	J1	193.51
76	Patrick Johnson	J2	200.00
77	John Mucha	M4	202.34
78	Drew Cason	J1	203.09
79	Stephen Olendorff	OJ	203.49
80	Morgan Jones	J1	203.94
81	Darin Markwardt	Senior	211.01
82	Lex Treinen	J2	212.14
83	Andrew Hennessy	J1	213.71

84	Jerad McClure	J1	214.82
85	David Norris	J2	218.69
86	Iain Morris	Senior	222.30
87	Colin Fay	OJ	226.16
88	Mark Paprocki	M5	226.40
89	Brandon Gonski	J1	227.27
90	Ryan Starr	OJ	228.35
91	Chris Heiserman	J1	232.39
92	Loren Schmidt	OJ	233.42
93	Eric Packer	J2	234.54
94	Dan Packman	M3	234.86
95	Nicholas Ferree	J1	236.08
96	Matthew Sutherland	J1	237.23
97	David Ford	M5	240.14
98	Colin Singleton	J2	248.65
99	Lukas Stutzer	J1	248.82
100	Ben Knapp	J1	249.36
101	David Greer	J2	250.74
102	Nico Ambrose	J2	253.18
103	Ryan Walton	OJ	255.01
104	Cole Talbot	J2	259.55
105	Reese Hanneman	J2	259.68
106	Bad Bob Baker	M4	263.49
107	Ken Rice	M6	263.83
108	R. Kent Karns	M4	266.67
109	Andrew Dougherty	J2	279.71
110	Wayne McClure	J2	280.00
Tie	Peter Boveng	M4	280.00
112	William Ross	J2	280.50
113	Miles Sims	J1	280.52
114	William Coleman	J1	281.07
115	Alfred Swanson	J1	281.62
116	Scott Holland	J1	282.48
117	John Amore	M2	292.79
118	Alex Morris	J2	299.68
119	Brian Kirchner	J2	300.52
120	Jon Connor Bethka	J1	302.61
121	Rob Chapman	M1	303.68
122	Kyle Loan	J1	304.54
123	David Knopp	M3	307.99
124	Eric Hoffman	J2	308.20
125	Jesse Cherry	OJ	312.47
126	Tyler Kornfield	J2	314.17

127	Galen Johnston	J2	315.23
128	Fred Stutzer	M3	317.21
129	Ethan Kazmierczak	J3	319.53
130	Jon Berryman	M6	324.03
131	Mathias Nees	J1	324.73
132	Gabriel Thomas	J3	326.00
133	Matt Pauli	M3	327.82
134	Peter Hamre	J1	329.15
135	Steve Milliron	M3	330.55
136	Jens Klaar	M4	331.11
137	Michael Montague	OJ	332.13
138	Gordon Pospisil	M4	332.19
139	Rick Nelson	J2	332.34
140	Ira Edwards	Senior	333.54
141	Travis Hines	J1	336.66
142	Lars Spurkland	Senior	337.62
143	Erik Tomsen	OJ	339.21
144	Ian Wilkinson	J2	339.90
145	Max Milliron	J2	344.62
146	Dustin Reid	J2	347.28
147	Mark F Smith	M5	351.73
148	Colin Abbott	J2	352.30
149	Logan Potter	J3	352.51
150	Taylor Karnikis	J2	352.86
151	Christian Goetz	J1	353.73
152	David Besh	J2	355.41
153	Eric Ryan	J3	355.56
154	Nathan Harris	J1	357.25
155	Gerry Hovda	J2	359.85
156	Nathan Quinley	J2	363.57
157	Trent Semmens	J2	364.20
158	John Ramey	M5	366.92
159	Rick Farleigh	M6	367.40
160	Nick Treinen	J3	367.82
161	David Meyers	M6	369.10
162	Karl Hanneman	M4	370.14
163	Zan Butler	J1	372.11
164	Forrest Meyen	J2	372.53
165	Rick Rogers	M4	373.09
166	Gunnar Knapp	M5	378.11
167	Alan Gnad	M6	379.78
168	Jonathan Miller	M3	390.81
169	Cale Jorgenson	OJ	395.03

170	Kenneth Jones	M7	396.27
171	Logan Hanneman	J4	396.33
172	Greg Bombeck	J2	404.03
173	Denali Kamahele	J2	414.28
174	Matthew Johnson	OJ	415.58
175	Nansen Murray	J2	416.59
176	Ryan Hammel	J1	417.53
177	Thomas Kobylarz	M1	418.37
178	Andy Kirk	M4	419.74
179	Tim Miller	J2	420.87
180	Kelsey Boyer	J3	421.39
181	Ceylon Mitchell	J2	423.09
182	Sam Flora	M7	426.25
183	Garren Volper	J2	432.09
184	Bill Diel	M5	432.78
185	Gus Beck	J2	433.94
186	Isaac Lammers	J4	435.92
187	Jacob Franzmann	J1	438.62
188	Jay Butler	M4	444.03
189	Michael Abbott	J3	445.96
190	Jesse Frey	OJ	446.39
191	Fabian Brook	J4	447.10
192	Patrick McCormick	J1	447.38
193	Ben Arians	M1	450.75
194	Erick Romig	J2	452.27
195	Nicholai Smith	OJ	460.71
196	Evan Walker	J1	461.18
197	Adam Looney	J2	463.00
198	Alex Munger	J2	466.19
199	Bradley Weis	J1	470.50
200	James Crimp	J3	472.93
201	Patrick Nugent	J4	474.57
202	Galen Pospisil	J3	484.86
203	Kipp Wilkinson	J4	485.79
204	Jeff Wood	J3	492.06
205	Noah Hagen	J3	492.56
206	Magnus Pedersen	J5	494.45
207	Scott Patterson	J3	496.06
208	Knute Johnsguard	J3	519.10
209	Blaine Bronga	J4	529.19
210	Eric Thompson	J1	530.00
211	Marko Radonich	M6	534.50
212	David Litchfield	M6	538.07

213	Bart Grabman	J2	539.09
214	Robert Arnold	M4	540.29
215	Silas Talbot	J3	544.46
216	Randy Kanady	M3	545.75
217	Riley Bronga	J3	547.35
218	Cameron Brailey	J4	555.54
219	Jens Bombeck	J4	557.89
220	James Singleton	M4	575.76
221	Bruce Ross	M4	579.17
222	Ike Bombeck	J3	580.24
223	Matthew Crimp	J1	581.15
224	Sam Dougherty	J4	582.22
225	Tyler Baird	J3	585.17
226	Bryan Copus	J2	600.33
227	Parker Quimby	J3	601.88
228	Cody Nixon	J5	604.24
229	Peter Mamrol	J4	607.38
230	Ray Wonders	J4	608.20
231	Tj Morris	J4	610.41
232	Lee Hawkings	J3	611.77
233	Schyler Knopp	J4	613.73
234	Tiger Demers	M8	616.76
235	Werner Hoefler	J3	618.62
236	Yuta Takagi	J4	619.01
237	Vanya Butler	J3	621.10
238	Chester Fehrmann	Senior	622.52
239	Eiden Pospisil	J4	622.75
240	Bjorn Klaar	J4	624.83
241	Brett Egeland	J6	626.00
Tie	Joe Bue	J6	626.00
243	Bryce Solin	J1	626.17
244	Andrew Arnold	J3	637.49
245	Wright Alcorn	M4	641.94
246	Jeremiah Alich	J2	646.42
247	Tanner Ramey	J5	651.46
248	Benjamin Fitzgerald	J3	660.07
249	Luke Kiskaddon	M1	662.57
250	Derek Alcorn	J3	664.31
251	Jacob Kirk	J3	667.09
252	Alexander Kent	J2	670.85
253	Willie Via	J2	678.40
254	Rob Earl	M2	678.95
255	Benjamin Claman	J5	692.48

256	Spencer Sumanik	J3	699.89
257	Jan (kuba) Grzeda	J5	702.59
258	Brent Carey	J3	709.45
259	Jake Tucker	J3	712.63
260	Jan Buron	M3	716.78
261	Augustus Shoulders	J4	717.17
262	Forest Tarbath	J4	721.25
263	Stephen Dynes	J3	722.79
264	Nicholas Konefal	J1	742.45
265	Nathaniel Knapp	J3	747.34
266	Tracen Knopp	J6	770.06
267	Torgen Karns	J5	785.84
268	Tristan Sayre	J6	786.25
269	John Glen	J4	792.81
270	Jim Nelson	M3	805.11
271	Nigel Ruckhaus	J5	807.47
272	Caleb Shoulders	J5	811.63
273	Timothy Thornley	J4	812.79
274	Curtis Wilson	M7	829.43
275	James Taylor	J5	829.46
276	Alex Loan	J5	843.27
277	Devin Fry	J4	873.17
278	Seiji Takagi	J5	883.61
279	Tom Grenier	M3	897.92
280	Edwin Strupulis	J6	949.46
281	Erich Hoefler	J5	951.15
282	Joey Pease	J2	965.64
283	Jonathan Baird	J6	981.00